

Please join us for the

30th Annual Jefferson Anesthesia Conference

Featuring Regional Anesthesia and PoCUS Workshops



Included At No Extra Cost:

- Reception
- Problem Based Learning Discussion
- Ultrasound Regional and Point of Care Workshops with live models

Special Focus Topics:

- Pediatric Anesthesia
- Regional Anesthesia and Acute Pain Medicine
- Cardiac Anesthesia
- Blood Management
- Patient Safety
- PoCUS

REGISTER ONLINE AT: https://jefferson.cloud-cme.com/jac2026



30th Annual Jefferson Anesthesia Conference

Program Faculty COURSE DIRECTORS

Jaime Baratta, MD

Professor of Anesthesiology, Sidney Kimmel Medical Center at Thomas Jefferson University

Eugene Viscusi, MD

Professor of Anesthesiology, Sidney Kimmel Medical Center at Thomas Jefferson University, Past President, ASRA Pain Medicine

GUEST SPEAKERS

Karen Boretsky, MD

Senior Associate in Anesthesia, Perioperative and Pain Medicine Boston Children's Hospital, Harvard Medical School

William Clark, MD

Anesthesiology Specialist, Prisma Health Upstate, Greenville, SC

Dennis Goodstein, PharmD, BCPS

Clinical Pharmacy Specialist, Thomas Jefferson University, Philadelphia, PA

David Hardman, MD

Professor of Anesthesiology, University of North Carolina at Chapel Hill

Brian Harrington, MD

Staff Anesthesiologist, Deaconess Billings Clinic

Adam Marcus

Co-Founder, Retraction Watch, Montclair, NJ

Bonnie Milas, MD

Professor of Clinical Anesthesiology and Critical Care, Hospital of the University of Pennsylvania

Beverly Philip, MD

Professor of Anesthesiology, Brigham and Women's Hospital, Harvard Medical School Past President, American Society of Anesthesiologists

James H. Philip, MD

Professor of Anesthesiology, Brigham and Women's Hospital, Harvard Medical School

Elizabeth Rebello, MD

Professor of Anesthesiology, University of Texas MD Anderson Cancer Center, Houston, TX

Patrick Runyun, CPA/PFS, CFP®

Director of Organic Growth, Wealth Manager, Principal, Modera Wealth Management, LC

Linda Shore-Lesserson, MD, FAHA, FASE, FASA

Vice Chair Academic Affairs, Northwell Health, Rivervale, NJ

Learner Objectives

At the conclusion of this conference, participants should be able to:

- Discuss the recent changes to billing and coding and how it affects practice
- Discuss billing compliance to avoid claim denials and audits
- Discuss barriers to billing for care of the opioid use disorder patient in the perioperative setting
- Examine the evidence and value of novel regional anesthesia techniques including pterygopalatine, clavipectoral, cryoanalgesia, and peripheral nerve stimulation
- Define the most valuable regional anesthesia techniques in pediatric anesthesia
- Discuss the evidence and utility of chronic pain procedures for the non-pain provider
- Discuss negotiation tactics to support the use and demonstrate the value of point-of-ultrasound
- Examine the evidence of current lung isolation techniques
- Examine the recent changes to the anticoagulation guidelines for regional anesthesia and how it will affect clinical practice
- Analyze the literature for the most impactful research in regional anesthesia and pain medicine and its impact on clinical practice
- Analyze the literature for the most impactful research in pediatric anesthesia and its impact on clinical practice
- Analyze the literature for the most impactful research in cardiac anesthesia and its impact on clinical practice
- Analyze the impact of journal retraction and best practice methods to maintain research integrity
- Discuss the approach to work-up and management of patients with heart failure presenting for noncardiac surgery
- Describe key historical milestones in anesthesia
- Analyze how past innovations, challenges, and ethical considerations have shaped modern anesthetic practice and future directions
- Discuss the approach to work-up and management of patients with pulmonary hypertension presenting for non-cardiac surgery
- Analyze core principles of medical ethics, including autonomy, beneficence, non-maleficence, and justice
- Apply medical ethics principles to clinical scenarios to support ethical decision-making
- Discuss evidence-based strategies for blood conservation, including pharmacologic, surgical and anesthetic techniques
- Discuss recent advances and emerging practices in obstetric anesthesia, including updates in analgesia techniques, maternal safety and fetal outcomes
- Discuss the approach to work-up and management of patients with valvular disease presenting for noncardiac surgery
- Evaluate recent innovations in anesthesia technology, including monitoring devices, drug delivery systems, and decision-support tools and asses their impact on patient safety and outcomes
- Discuss the special considerations for the perioperative management of the geriatric patient

Accreditation

In support of improving patient care, Thomas Jefferson University is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the



Accreditation Council for Pharmacy Education (ACPE), and The American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

This educational activity is designated for a maximum of 25 AMA PRA Category 1 CreditsTM. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

This activity offers up to 25 CME credits, of which 8 credits contribute the patient safety CME component of the



American Board of Anesthesiology's redesigned Maintenance of Certification in Anesthesiology $^{\text{TM}}$ (MOCA®) program, known as MOCA 2.0®. Please consult the ABA website, www.theABA.org, for a list of all MOCA 2.0® requirements.

This program has been prior approved by the American Association of Nurse Anesthetists for 25 Class A CE credits: Code Number 1045955; Expiration Date 2/5/2026.

Thomas Jefferson University endorses the ACCME Standards for Integrity and Independence in Accredited Continuing Education and the policies that supplement the Standards. All planners, faculty, and others in control of educational content are required to disclose all financial relationships with ACCME defined ineligible companies within the past 24 months. Any conflicts of interests have been mitigated prior to this educational activity. Such disclosures will be available prior to the start of the activity. Jefferson Conflict of Interest resolution process may result in changes to the program agenda.

All faculty/presenters/authors at Thomas Jefferson University sponsored events are required to disclose whether or not their content contains information of commercial products/devices that are unlabeled for use or investigational uses of products not yet approved. Product(s) is/are not included in the labeling approved by the US FDA or the treatment of disease(s).

Ultrasound Regional Anesthesia and Point of Care Workshops

These hands-on workshops are included free of charge to all participants.

Problem Based Learning Discussion

Small case-based groups moderated by expert faculty. Participants will be able to sign up at registration for topics of their choice. Provided free of charge.

Evaluation & Claiming Credit

Participants will be required to complete an online evaluation in order to claim CE credits for the conference. After completing the online evaluation, the certificate will be immediately available. See conference materials for login information.

Refund Policy

Written notification of cancellation must be received by the Jefferson Office of Continuing Professional Development (CPD) by January 26, 2026 to obtain a refund (minus 25% administrative fee). No refunds after January 26, 2026. Refunds will be issued after the conference.

30th Annual Jefferson Anesthesia Conference | Course Schedule

Saturday, January 31

4:00 - 6:00 pm Registration

Sunday, February 1

| Morning — | | |
|--------------------|--|----------------------|
| 6:45 am | Breakfast | |
| 6:45-7:30 (45 min) | Preoperative Anemia and Adverse Outcomes | Shore- Lesserson* |
| 7:30-8:15 (45 min) | Becoming a Leader: Your Career, Your Life | B. Philip |
| 8:15-9:00 (45 min) | Anatomy and Scanning Techniques for the PoCUS Fast Exam and How it Can Improve Your Practice | Hardman |
| 9:00-9:30 (30 min) | Q&A | |

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|--------------------|--|----------------------|
| 4:30-5:00 (30 min) | What's New in Obstetric Anesthesia | Baratta |
| 5:00-5:30 (30 min) | The Most Valuable Blocks in Pediatrics | Boretsky |
| 5:30-6:15 (45 min) | Patient Blood Management for the Anesthesia Provider: What Do We Need to Know? | Shore- Lesserson* |
| 6:15-6:45 (30 min) | Financial Planning and Long-Term Wealth Management | Runyun |
| 6:45-7:15 (30 min) | Q&A | |
| 7:00-10:00 | Reception and Meet the Exhibitors | |

Monday, February 2

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|----------------------|---|-------------|
| Morning — | | |
| 6:45 am | Breakfast | |
| 6:45-7:15 (30 min) | Compliance 202 for the Anesthesia Professional: The Joint Commission (TJC), US Pharmacopeia, and Medication Management | Rebello* |
| 7:15-7:45 (30 min) | Negotiating the Value of PoCUS | Boretsky* |
| 7:45-8:15 (30 min) | Expiration Dates: Fact or Fiction | Harrington* |
| 8:15-9:00 (45 min) | Safe Medication Practices: Labeling, Standardizing Concentrations, and Decreasing Human Factors Components of Medication Administration | Rebello* |
| 9:00-9:30 (30 min) | Q&A Exhibitors will be available | |
| Afternoon — | | |
| 4:30-5:15 (45 min) | The Emerging Role of the Anesthesia Provider and the Opioid Crisis | Viscusi |
| 5:15-5:45 (30 min) | Pharmacology of Buprenorphine in Acute and Chronic Pain and OUD | Goodstein |

| 5:45-6:15 (30min) | Fireside Chat: Update on the Opioid Crisis | Milas* |
|--------------------|---|--------|
| 6:15-6:45 (30 min) | Maintaining Integrity in Peer- Reviewed Publications | Marcus |
| 6:45-7:15 (30 min) | Q&A Exhibitors will be available | |

Tuesday, February 3

| Morning — | | | | |
|--------------------|--|--|--|--|
| 6:45 am | Breakfast | | | |
| 6:45-8:00 (75 min) | Problem Based Learning Discussion #1 | | | |
| 8:00-9:15 (75 min) | Problem Based Learning Discussion #2 Exhibitors will be available | | | |
| Afternoon — | | | | |
| 7 13.1.13 31.1 | | | | |
| 4:30-7:30 (180 min | 4:30-7:30 (180 min) Ultrasound-Guided Regional Anesthesia/ | | | |
| | PoCUS Workshops | | | |

Exhibitors will be available

Wednesday, February 4

| Afternoon — | | |
|--------------------|--|-----------|
| 71110011 | | |
| 5:30-6:00 (30 min) | Hot Topics in Acute Pain Medicine | Viscusi |
| 6:00-6:30 (30 min) | PONV 2026 Part I – What's the Problem? | B. Philip |
| 6:30-7:00 (30 min) | Case Discussion: Perioperative Management of the Patient with Valvular Disease Presenting for Non-Cardiac Surgery | Milas |
| | Hot Topics in Pediatric Anesthesia Questions and Answers | Boretsky |
| | | |

Thursday, February 5

| Morning — | | |
|--|---|-------------|
| 6:45 am | Breakfast | |
| 6:45-7:30 (45 min) | Lessons Learned: Starting a Liver Transplant Anesthesia Program in Private Practice | Clark |
| 7:30-8:15 (45 min) | PONV 2026 Part II – What can we do about it? | B. Philip* |
| 8:15-9:00 (45 min) | Perioperative Management of the Geriatric Patient | Harrington* |
| 9:00-9:30 (30 min) Questions and Answers | | |
| Afternoon — | | |
| 4:30-5:15 (45 min) | What's New in Anesthesia Technology | J. Philip* |
| 5:15-6:00 (45 min) | Anesthesia History: Recognizing the Past to Build the Future | Harrington |
| 6:00-6:45 (45 min) | Update on the Anticoagulation Guidelines | Baratta* |
| 6:45-7:30 (45 min) | 5:45-7:30 (45 min) Questions and Answers/Closing Remarks | |

Big Sky Downhill Ski Resort

Located in southwestern Montana 50 miles from Yellowstone National Park, Big Sky has a unique pristine beauty. Big Sky, with its lodges, shops, and restaurants, is easily accessed via excellent jet service to nearby Bozeman. The nationally renowned Lone Mountain Guest Ranch offers 75 kilometers of professionally groomed Nordic trails for all levels of cross-country skiers. Located five miles from the conference center, the scenic trails wind through forested areas, open meadows and continue onto high alpine terrain. PSIA certified instructors teach beginning to advanced striding, skating, as well as group and private lessons. Naturalists guide backcountry tours of Yellowstone National Park and the Spanish Peaks wilderness area. Gourmet meals and a full-service Nordic ski shop are available on-site. Free shuttle bus service connects the Ranch and the conference center; however, car rental offers the Nordic skier even greater flexibility.

Big Sky Downhill Ski Resort recently expanded its vertical rise to 4,180 feet. Big Sky has 3,500 skiable acres, with runs that are 10% beginner, 47% intermediate and 43% expert. The Lone Peak

995-5743) and child care (ages $1\frac{1}{2}$ to 5, 406-995-5847) are available. All lectures will be at the Yellowstone Conference Center, adjoining the Huntley Lodge at the base of the downhill mountain.

foot snowfall, keeping the resort open until late April, is complemented by snowmaking. Children's ski school (ages 4 to 14, 406-

tram opens previously inaccessible chutes and couloirs, plus three new bowl areas above the Lone Peak treeline. Big Sky offers big skiing days; the runs are long, the lifts swift, and crowds are rare. Big Sky's average annual 33

participants! If you attended this

Attention past

conference between 2021 and 2025, and bring a fully-registered colleague with you this year, you are eligible for a special 10% discount! Watch your email for details!

All Day Wilderness Area Tours

Big Sky Adventure Tours bigskyadventuretours.com

Horseback Riding 406-995-4630

Old Fashioned Sleigh Ride Dinner lonemountainranch.com Sled Dog Adventure huskypower.com

Snowmobile Tours

yellowstonevacations.com snowmobilingtours.com/ backcountry-adventures.com/our-adventures/ snowmobile-tours/

Snowshoeina yellowstonesafari.com

Yellowstone Snowcoach Cross-Country Tour yellowstoneguides.com

Winter Fly Fishing

East Slope Outdoors eastslopeoutdoors.com Gallatin Riverguides montanaflyfishing.com Lone Mountain Ranch lonemountainranch.com

Reception

All conference participants and their families are invited to attend the Sunday evening reception and exhibits.

Exhibits

Exhibits will be available for participants during the Sunday evening reception, and both Monday and Tuesday mornings and evenings.

Register and Save!

Hotel accommodations in Big Sky are very pleasant; however, the supply is limited. Hotel space may not be available after mid-January. We urge you to make your hotel and air reservations as early as possible! As a conference registrant, you and your family are entitled to special rates. To obtain any of these discounts you must identify yourself as a Jefferson Anesthesia Conference participant.

Accommodations

The Huntley Lodge and Shoshone Condominium Hotel, offering downhill ski-in, ski-out convenience, has 200 hotel rooms and 94 condominium units which adjoin the conference center. Guests may use the outdoor heated pool, jacuzzi, health club, massage and spa services, shops, dining room, and Chet's Bar. Conference participants are eligible for discounted rates on hotel rooms (\$389/night, double occupancy) and condominium suites (\$505/night, sleeps up to 4 adults). All guests of the Huntley Lodge and Shoshone condominiums receive complimentary daily breakfast buffet in the Huntley Main Dining Room and Summit Hotel guests receive complimentary daily breakfast buffet in the Peak Restaurant. Larger units are also available. Call for reservations: 800-548-4486.

Cross-Country Trail Passes and Lessons The Lone Mountain Ranch offers Jefferson Anesthesia Conference participants discounted group lessons, rentals and trail passes. Purchase passes and lessons directly from the Ranch.

Downhill Lift Tickets and Equipment Rentals Adult downhill lift tickets may be obtained for \$170/day. Upon registration, the link will be provided for discount lift tickets.

Breakfast

A light breakfast and afternoon snacks will be available every day.



TJUHAnesthesia



@JeffAnesthesia

Registration Form (PLEASE PRINT)

| Titl | e (Dr., Mr., Ms., Mrs.) | First Name | | MI | Last Name | | |
|------|--|---|------------|---------------------|-----------------|-------------|--------------------|
| Pei | rsonal Title (II, Jr) | | | | | | |
| De | gree (MD, PhD, BSN, e | etc.) | | | Specialty | /Sub Spec | cialty |
| Со | mpany/Organizatio | n Name | | | Position/ | Job Title | |
| Ad | dress | | | | | | |
| Cit | у | | | | State | | Zip |
| | bile Phone our mobile phone num | ber will not be disseminate | | Phone y intended | to record atter | ndance at s | elected activities |
| Em | nail Address | | | | | | |
| PH | YSICIANS ONLY: | | | | | | |
| NP | I# | License # | | | State of Lic | ense (only | 1 state needed) |
| ΑB | A ID number require | d to receive MOCA® Pati | ent Safety | Credits | | | |
| AA | NA Membership Nu | mber | | | | | |
| ١w | ill be accompanied | by: | | | (for rece | eption nar | metags) |
| Ple | ease register by Ja | nuary 28, 2026 to gu | arantee c | onferen | ce materials | | |
| | ase register by ou | | | | | | January 1, 2026 |
| | Practicing physicia | ins | | | | | |
| | | advanced nurse practition | | | | | |
| | | Professionals | | | | | |
| | Resident/Fellows (i | ncluding nurses in traini | ng) | | \$500 | | |
| | YES! I attended Big Sky between 2021-2025, and am bringing a first-time participant. Apply 10% discount* to my fee checked above. | | | | | | |
| | First time participant's name:* *Discount subject to verification and contingent upon receipt of first time participant registration and payment. Submit registration for discount via fax or mail (not available online) | | | | | | |
| _ | 5 | urse, you acknowledge th IIPAA policies, which can f | - | | | | |
| Pa | yment must acco | ompany conference i | egistrati | on. | Amo | unt \$ | |
| | Check enclosed pa | ayable to "TJU Office of | CPD" | | | | |
| | • | use of my credit card: | | asterCard | ☐ Visa | | AMEX |
| | | - | | | | | |
| | Cardholder name a | and Billing address (if diff | erent from | above) _ | | | |
| | Signature | | | | | | |
| Ma | ail or fax to: | | · | | one: 1-877-JE | FF-CPD | |
| | | i. | | | | | |

Thomas Jefferson University Office of Continuing Professional Development 1020 Locust Street, Suite M-5 Philadelphia, PA 19107

Attn: JACS

Fax: 215-923-3212

Note: Faxed forms must include credit card information.

Register online at https://jefferson.cloud-cme.com/jac2026

Refund Policy: Written notification of cancellation must be received by January 26, 2026 to obtain a refund (minus 25% administrative fee). No refunds after January 26, 2026.



Important Telephone Numbers/Websites

Conference Information and Questions Suzanne McCade 215-955-7196 suzanne.mccade@jefferson.edu

Register Online https://jefferson.cloud-cme.com/ jac2026

Jefferson Office of CPD Phone: 1-877-JEFF-CPD Fax: 215-923-3212 Email: jeffersoncpd@jefferson.edu

Hotel Reservations Huntley Lodge 800-548-4486 https://bit.ly/BigSky2026

Air/Car Reservations Montana Travel 800-247-3538

Airport Transfer Karst Stage Shuttle 800-287-4759 www.karststage.com

XC Skiing, Sleigh Ride Lone Mountain Ranch 406-995-4644

Lift Tickets Link will be provided when registered for the conference

Downhill Ski School Children and Adults 406-995-5743

Cancellation Policy:

The University reserves the right to cancel or postpone this course due to unforeseen circumstances. In the event of cancellation or postponement, the University will refund registration fees, but is not responsible for related costs or expenses to participants, including cancellation fees assessed by hotels, airlines, or travel agencies.